

- A - Chest Bust Measure**  
Measure around the fullest part of the chest/bust and over the shoulder blades.
- B - Waist Measure**  
Measure around the waist with a comfortable fit.
- C - Hip Measure**  
Measure around the hip with a comfortable fit.
- D - Sleeve Measure**  
Measure from the point of the shoulder to wrist.
- E - Inside Leg Measure**  
Measure from the crotch to the top of the heel.

### Recommendation

When measuring for apparel that will be worn as a outer layer we recommend that you take measurements for the outer layer whilst wearing the inner layer garment.  
eg; If you are a measuring for Chemtech coveralls and will be wearing FR Workwear as an inner layer take your measurements for the Chemtech Coveralls wearing the FR Workwear.

Sizing shown on the this chart is wearer size and not actual garment size.

### Shirts - Tecasafe® Plus, Walls® FR

Men's Size	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
To Fit Chest (cm)	92	97	102	107	112	117	122	127	132
Sleeve Length (cm)	60	62	64	66	68	70	72	74	76

Women's Size	6	8	10	12	14	16	18	20	22
To Fit Bust (cm)	85	90	95	100	105	110	115	120	125
To Fit Waist (cm)	70	75	80	85	90	95	100	105	110
To Fit Hip (cm)	92	97	102	107	112	117	102	127	132

### Coveralls - Tecsafe® plus, Walls® FR

Men's Regular	72R	77R	82R	87R	92R	97R	102R	107R	112R
To Fit Chest (cm)	82	87	92	97	102	107	112	117	122
To Fit Waist (cm)	72	77	82	87	92	97	102	107	112
To Fit Inleg (cm)	74	76	77	78	79	80	81	82	83

Men's Stout	72S	77S	82S	87S	92S	97S	102S	107S	112S
To Fit Chest (cm)	82	87	92	97	102	107	112	117	122
To Fit Waist (cm)	72	77	82	87	92	97	102	107	112
To Fit Inleg (cm)	66	66	68	70	72	74	76	78	79

### Coveralls - Tecsafe® plus, Walls® FR

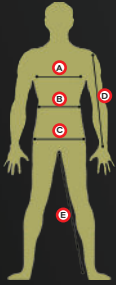
Size	S	M	L	XL	2XL	3XL	4XL
To Fit Chest (cm)	92	97	102	107	112	117	122
To Fit Waist (cm)	82	87	92	97	102	107	112
To Fit Inleg (cm)	77	78	79	80	81	82	83

### Trousers - Tecasafe® Plus, Walls® FR

Men's Regular	72R	77R	82R	87R	92R	97R	102R	107R	112R
To Fit Waist (cm)	72	77	82	87	92	97	102	107	112
To Fit Inleg (cm)	75	76	77	78	79	80	85	88	89

Men's Stout	72S	77R	82R	87R	92R	97R	102R	107R	112R
To Fit Waist (cm)	72	77	82	87	92	97	102	107	112
To Fit Inleg (cm)	66	66	68	70	72	74	76	78	79

Women's Size	6	8	10	12	14	16	18	20	22
To Fit Waist (cm)	70	75	80	85	90	95	100	105	110
To Fit Hip (cm)	92	97	102	107	112	117	122	127	132
To Fit Inleg (cm)	74.5	76.5	78	79.5	81	83	83	83	83



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Measure around the fullest part of the chest/bust and over the shoulder blades.
- B - Waist Measure**  
Measure around the waist with a comfortable fit.
- C - Hip Measure**  
Measure around the hip with a comfortable fit.
- D - Sleeve Measure**  
Measure from the point of the shoulder to wrist.
- E - Inside Leg Measure**  
Measure from the crutch to the top of the heel.

**Recommendation**

When measuring for apparel that will be worn as a outer layer we recommend that you take measurements for the outer layer whilst wearing the inner layer garment. eg; if you are a measuring for Chemtech coveralls and will be wearing FR Workwear as an inner layer take your measurements for the Chemtech Coveralls wearing the FR Workwear.

Sizing shown on the this chart is wearer size and not actual garment size.

**Trouser - Wet Weather, Welding, Arcsafe, Antistatic & Chemtech**

Size	XS	S	M	L	XL	2XL	3XL	4XL
To Fit Waist (cm)	77	82	87	92	97	102	107	112
Sleeve Inleg (cm)	75	76	77	78	79	80	85	88

**Jacket - FR Internal, Welding, Wet Weather Antistatic, Arcsafe & Chemtech**

Size	XS	S	M	L	XL	2XL	3XL	4XL
To Fit Chest (cm)	87	92	97	102	107	112	117	122
Sleeve Length (cm)	61	63	64.5	66.5	68	69	70	71

**Firefighting Jackets**

Size	XS	S	M	L	XL	2XL	3XL	4XL
To Fit Chest (cm)	87	92	97	102	107	112	117	122
Sleeve	61	63	64.5	66.5	68	69	70	72

**Firefighting Trousers**

Size	XS	S	M	L	XL	2XL	3XL	4XL
To Fit Waist (cm)	77	82	87	92	97	102	107	112
Inside leg (garment)	75	76	77	78	79	80	85	88

**ArcSafe Switching Jacket 900mm length & Coat 1300mm length**

Size	XS	S	M	L	XL	2XL	3XL	4XL
To Fit Chest (cm)	87	92	97	102	107	112	117	122
Sleeve	61	63	64.5	66.5	68	69	70	72

**ArcSafe Switching Bib and Brace Trouser**

Size	XS	S	M	L	XL	2XL	3XL	4XL
To Fit Waist (cm)	77	82	87	92	97	102	107	112
Inside leg (garment)	75	76	77	78	79	80	85	88